

PURE SENSES SPA



THE ROYAL SENSES

RESORT & SPA CRETE

CURIO COLLECTION
by Hilton™



PURE INGREDIENTS ON GLOBAL & LOCAL INSPIRED SPA TREATMENTS

The perfect combination to touch the body, heal the mind and calm the spirit

PURE SENSES SPA

Let your mind, body and soul embark on a journey of pure relaxation at the Pure Senses Spa, which will soothe and calm all your senses.

The Treatments and activities are based on the wisdom of ancient Cretans – Minoans and the small wonders from Crete's nature. Pure Cretan herbs, essences and produce become the building blocks of rituals created with your wellness in mind. Dittany, aladania, virgin olive oil, carob, aloe vera, raki, honey, Greek yogurt, Cretan crocus are all valuable allies in your quest for beauty and relaxation.

We combine the Greek culture, tradition and local ingredients through the Greek brands Ariadne Athens & BioAroma, with the facial skin care brand, Swiss Line.

ARIADNE

"Award winning spa brand Ariadne Athens have set high standards and is off to launch your senses to a newfound level of delight."

Proposes bespoke therapies aligned with a unique destination and inspired by its natural elements. Local ingredients are utilized seamlessly, connecting each destination's native and organic elements with the latest techniques in cosmetology.

Merging unique bio-actives with natural and rare, organic Greek & Mediterranean ingredients, aspires to provide the ultimate skin care experience.

SWISSLINE

Having its roots in Switzerland, Swissline is driven by a passion for the biology and beauty of the skin. Swissline's philosophy is simple: skincare should respect and work in harmony with the skin.

Swisslines award-winning formulas contain naturally bioactive ingredients that exist in the skin, such as collagen, mimetic growth factors, clinically tested peptides, and many more.

The brand's signature protocols are designed to awaken the senses, providing the ultimate feeling of relaxation and rejuvenation.

Our team of highly skilled therapists is committed to delivering personalized and attentive care, dedicated to ensuring your utmost comfort and well-being. The spa menu is thoughtfully curated to offer a wide range of services focusing on holistic wellness.

The facilities, expanding in 2 floors providing a unique holistic approach, utilising the therapeutic effects of water and heat where combined with our treatments presenting a long-lasting effect of wellbeing.



HEAT & WATER EXPERIENCE AREA

Use of Heat Water Experience Area
[50min 40€]
Sauna, Steam room and Thalassotherapy

Children under 16years of age are welcome
between 09.00 – 11.00

"Sanus per Aquam"

The term "SPA" is a shortening of the Latin expression "sanus per aquam", which means "healthy by water". Thalassotherapy can prove beneficial in diseases of the cardiovascular system, respiratory problems and dermatological conditions such as psoriasis and eczema.

Relaxation, pain relief, improvement of physical health and mental wellbeing are just some of the benefits of thalassotherapy. Combined with the use of Dry Sauna and Steam Room will strength the immune system through detoxification of the body and to get renewed and radiant skin.

ROYAL SENSES RITUALS

HAMMAM BATH RITUAL

Loofa Scrub, Foam Massage

Ancient Greeks in the 5th century BC, adopting the principles of Hippocrates and Asclepius, established the "ritual" of bathing with oils and herbs, as a holistic method, for the recovery of physical and mental illnesses. Now, allow yourself to surrender to a magical combination of essences and let us travel you back in time with this unique traditional hammam ceremony. The journey begins with the steam bath to prepare the skin for a deep loofah exfoliation, in order to remove all dead cells and toxins. A special foam massage, which will lift all the senses of enjoyment, rest and purity completes the ritual.

[60 min. 120€]

HAMMAM – SELF BATHING

Enjoy the benefits of Hammam, taking care of yourself by yourself. Our therapist will provide you soap flakes with lavender and natural loofah

[30 min. 55€]

BOTANICAL VOYAGE BY ARIADNE ATHENS

Purifying detox ritual

A targeted treatment specially designed to enhance the body's natural lymph detoxifying mechanisms. This therapeutic journey starts with a Hammam session, followed by an invigorating exfoliation using black pepper and rosemary to reduce water retention, improve circulation and firm and hydrate at the deepest level. Rejuvenate each and every part of your body with a thoroughly cleansing and detoxifying body mask, imbued with basil and lemongrass that purify and hydrate. The targeted massage technique that follows, performed with the rich in antioxidants and healing properties innovative blend of pure dittany oil, infused with saffron, ivy, green tea and grapefruit, will protect and firm your skin, while offering a healthy radiance and youthful appearance.

[120 min. 220€]

Key Elements: Welcome Touch, Body Scrub, Body Mask, Detoxing Massage, Final Body Gel.

MINOAN PRINCE & PRINCESS SIGNATURE RITUAL BY ARIADNE ATHENS

Body Scrub, Face & Body Mask, Massage with Pouches, Body Butter

Let us make you feel like a real Prince or Princess. Indulge in the genuine earthy notes of Greece, luxuriate in the benefits of rare herbs, relax in the velvet textures that cover your skin, as each step of this treatment imbue your senses in a world of opulence. The treatment includes an exfoliation with olive and roses, followed by the application of a rich body mask, containing a refreshing cocktail rich in organic honey, which contributes to the hydration, regeneration and tightening of the skin.

[120 min. 220€]

The relaxing head to toe massage with warm pouches that complements the treatment with aromas of clary sage, honey and rosemary, literally endows an experience designed for royals.

THE ROYAL COLLECTION SIGNATURE MASSAGES BY BIOAROMA

A sensory wellness journey through Greek local herbs and oils to a deeply relaxing, detoxifying, and balancing pathways brought to restore and reset. Developed to promote inner beauty and healing, restores the body and mind to a state of harmony. It is recommended for all skin types and moods. Active natural ingredients promoting inner healing process and brings self-care and restoration. If you are feeling or experiencing:

- Stressed
- Anxious
- Unable to switch off
- Jet lag
- Insomnia
- Back pain
- Low energy

Choose one of the following massage rituals. Consult our therapists to personalize your treatment.

DETOX MASSAGE

A detoxifying massage that restores harmony to the body and clears the mind. By concentrating on lymphatic drainage techniques, it manipulates lymph nodes and lymphatic vessels to increase their activity and promote the flow of lymph. We utilize a combination of olive oil, sesame oil and almond oil to enhance application and a blend of pure natural essential from the land of Greece: dictamos, cyst, juniper, lemon.

[60 min. 130€]
[90 min. 170€]

Benefits: removes toxins and detoxifying the body, aids lymphatic drainage, reducing swelling, eases muscle spasms.

RELAXING MASSAGE

A deeply relaxing massage that bring calmness in your mind and ease the stress levels of your body by implementing relaxing massage techniques to the whole body and a head massage we promote a feeling of "let it go" to reduce tiredness and improve sleep. We utilize a combination of olive oil, sesame oil and almond oil to enhance application and a blend of pure natural essential from the land of Greece: jasmine, rose, sandalwood, lavender.

[60 min. 130€]
[90 min. 170€]

Benefits: eases muscular tension, removes headaches, balancing vital energy.

DEEP TISSUE MASSAGE

A blissful massage ritual ideal for people who feeling physically or emotionally exhausted. The use of rhythmic massage techniques eases muscular tension, imbuing a sense of complete restoration. We utilize a combination of olive oil, sesame oil and almond oil to enhance application and a blend of pure natural essential from the land of Greece: rosemary, diosmus, dictamos, eucalyptus.

[60 min. 130€]
[90 min. 170€]

Benefits:relieves exhaustion, stress, and chronic fatigues, balances the energy body and emotions.

THE MESSAGES

CANDLE AROMATHERAPY MYSTIFYING MASSAGE

De-stress | recharging | empowering | relaxing

Indulge your senses in a mystifying massage ritual that will entice your body and mind. Lay back and unwind while the heated solid waxes slowly turn into liquid oil, releasing their intoxicating aromas. Feel the delicately scented warm drops touch your skin and envelop your whole body in a velvet textured massage that will satisfy even the most demanding massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. A unique aromatherapy experience, relaxing & rejuvenating that promotes bliss, balance and well-being.

[60 min. 130€]
[90 min. 170€]

MOTHER TO BE MASSAGE

A soft pressure massage with a specific technique to aid and comfort pregnant women with back pain and heavy legs. This treatment focuses on the special needs of the mother-to-be as her body goes through the changes of pregnancy.

[50 min. 120€]

SLIMMING / ANTI-CELLULITE

A great way to help reduce cellulite and promote fat reduction. This treatment helps loosen fatty tissues which have accumulated under the skin and helps visibly smooth out the surface of the skin. Combined with detox-slimming wrap for maximum effects.

[75 min. 165€]

ADD ONS RECOMMENDATIONS

Choose any of our massages and add:

RADIANCE FACE

Luminous, radiant skin with an instant infusion of intense hydration and multiple anti-ageing benefits. Thoroughly cleansing enzymatic peel gently removes dead skin cells from the surface, gradually revealing a silky-smooth appearance. Soft and delicate, naturally scented Wild Rose oil replenishes the skin through a deeply nourishing facial massage, delivering essential elements that promote skin's vitality and youthfulness, offering a vividly radiant look.

[30 min. 50€]

WHITE ROSE PETALS SCRUB

Allow the fine crystals of the body scrub to slough off any rough skin, while subtly scenting your body with the delicate aromas of roses. Following, indulge your skin in the lush, earthy aromas of jasmine and gardenia composed in the nourishing body butter and feel your skin acquire a silky touch.

[30 min. 40€]

MULTI VITAMIN BODY WRAP

The invigorating multi vitamin Corfu mask offers the skin antioxidants, vitamins and protection while nourishing the skin in depth. The coconut body butter that completes the treatment enhances the mask's effect leaving the skin soft and supple

[30 min. 60€]



SKIN CARE THERAPIES

FACIAL BEAUTY TREATMENTS BY ARIADNE

“MELI” FACE HYDRATION BY ARIADNE

A highly rejuvenating and ultimately hydrating experience dedicated to the richness of local flavors and aromas, such as sage, honey and other nourishing elements that instantly restore your skin's hydration levels. Feel your skin soft and supple with an immediately healthy and radiant appearance. Allow yourself to experience the soothing effect of rosewater intertwining with the thirst-quenching aromas of lime, while your skin indulges in the unique moisturizing benefits of our precious honey mask. Soothing apricot oil envelops skin with anti-ageing benefits, while the final skincare routine ensures that the moisturizing aspects are maintained thereafter.

[60 min. 140€]

RHODON ANTI-AGEING FACE TREATMENT BY ARIADNE

The ultimate anti-ageing experience for your skin, empowered by precious gemstones for a totally glass skin effect. Specifically designed to reduce fine lines and wrinkles, support thin, fragile skin and increase its elasticity and firmness. Serifos mask with a velvet feel, rich in Aquamarine and Moonstone extracts offers instant repair and elasticity. The mask that follows, rich in flavonoids and vitamin C, enhances microcirculation and protects the skin from free radicals. Rose Quartz Crystals contribute to the specially designed facial massage, focusing on minimizing fine lines and wrinkles.

[60 min. 160€]

NEMA THE NEXT DIMENSION IN FACIAL SCULPTING

Face, Eyes, Neck & Décolleté

A revolutionary facial that blurs the line between physical and digital world, by mimicking the effect of microcurrent devices on the skin. The core component of this treatment is our brand's symbol, the Myrtle Flower paired with the extraordinary extract of Peach Gum, a natural biopolymer that can bring instant tightening and lifting effect to skin. This natural facelift acts on a multidimensional level to target all signs of ageing focused on immediate, visible and lasting results. It offers spectacular immediate results by visibly reshaping the volume of the cheeks, under eyes, neck and chest, for a natural-looking youthful appearance. Supported by natural volumizing and plumping fillers, our innovative formulas along with specific manual techniques target to sculpt, lift and plump the facial hollows, for medical-grade results. Skin is deeply hydrated, plumped and rejuvenated; wrinkles and expression lines are smoothed, and skin hydration levels are optimally preserved.

[60 min. 160€]

SIGNATURE FACIAL TREATMENTS BY SWISS LINE

SWISS LIFTING INFUSION BY SWISS LINE

Smoothing and Lifting

Enhanced with a concentrated blend of marine collagen and hyaluronic acid, this treatment boosts hydration, plumps, and smooths fine lines and wrinkles.

[60 min. 210€]

SWISS SMART BY SWISS LINE

Quick and to the point, this fully personalized treatment uses Swissline's signature collection of Age Intelligence Boosters! Especially designed for skins that need instant distress of any kind. It is a smart and fast way to look your best!

[60 min. 160€]

ADD ONS RECOMMENDATIONS

Choose any of our massages and add:

FEET MASSAGE

A relaxing foot massage ritual that promises to relief tired, swollen feet.

[30 min. 40€]

LIGHT LEGS RELIEF TREATMENT

Refreshing notes of spearmint mingle with the velvet texture of sugar crystals to slowly stimulate the blood flow and offer a cooling sensation, as the body scrub smooths away dry, flaky skin. Potent red grape blends with local herbs in a rich in antioxidants, gel mask that nourishes and renews the skin. A pampering massage experience using the moisturizing properties of coconut oil to deeply hydrate. Finally, a calming yogurt powder mixed with the gel mask offers ultimate comfort for tired legs.

[30 min. 40€]

KIDS MENU

LITTLE PRINCESS MASSAGE

[30 min. 45€]

Let your little one feel like a real princess after this special designed full body massage with a secret sparkle

LITTLE HERO MASSAGE

[30 min. 45€]

Your little hero deserves the very best, so we designed a full body massage for him full of sweetness

MINI MANICURE OR MINI PEDICURE

[20€]

Even little feet or hands need some pampering. A choice of a manicure or pedicure includes a bubbly hand or foot soak, nail trimming, cream-mask and polish for the ladies.

MOTHER OR DADDY & ME

1 parent & 1 child
Family Package

150€
230€

The time together is very precious. A spa package is the perfect date between mother or father and the child. This unique spa package includes a full body Aromatherapy massage for the parents and for the children a mini massage & mini manicure or pedicure.



NAIL STUDIO

Nail Polish	25€
Manicure	45€
Spa Manicure	60€
Pedicure	55€
Spa Pedicure	70€
Permanent Nail Polish	80€
Remove permanent Nail Polish	20€
Shellack Removal	25€
Acrygel Natural Nail Strengthening	80€
Acrygel Nail Extension	95€
Gel / Acrygel Removal	20€

WAXING

Full Leg	55€
Half Leg	40€
Full Arm	30€
Half Arm	20€
Under Arm	20€
Bikini Line	30€
Brazilian Bikini	40€
Upper Lip & Chin	20€
Full Back Area Male	55€
Eyebrow Shape	20€

HAIR SALON SERVICES

Woman's Haircut	40€
Men's Haircut	30€
Coiffure for short hair	40€
Coiffure for medium hair	45€
Coiffure for long hair	50€
Special coiffure	70€
Bride's coiffure	250€
Coloring short hair	45€
Coloring medium hair	50€
Coloring long hair	60€

Coloring Root	40€
Reflet short hair	30€
Reflet medium hair	35€
Reflet long hair	40€
Streaks short hair	65€
Streaks medium hair	80€
Streaks long hair	100€
Treatment for Xeroderma	25€
Nutrition Mask	25€
Shine & Hydration Therapy	35€



SPA ETIQUETTE

We care for your safety! The Spa safety is essential for the health of us all.

The PURE SENSES SPA is ready to welcome you with all the necessary health protocols and a fully trained staff at your disposal.

In order to ensure you a safe, comfortable and relaxing spa experience we kindly request to follow our spa rules and all the hygiene measures for your better and safer relaxation.

Please respect the quiet and the privacy of other guests and do not use mobile phones and cameras.

Please try not to attend Spa facilities with personal valuables. The hotel is not responsible for any loss or damage of your belongings.

HEALTH CONCERNS

Please inform us of any health conditions, allergies or injuries that could affect your treatments or use affect your treatments or use of the spa facilities.

RESERVATIONS

Advanced booking is highly recommended to ensure preferred times are available. Reservations can be made through the hotel's App or you may call the Spa Reception at 5060.

SPA EXPERIENCE

We recommend you to arrive minimum 20 minutes prior to your scheduled treatment that gives you time to check in, shower off, and let the relaxation begin. For your convenience, you can use the lockers in our changing rooms.

The spa will provide towels, bathrobes and slippers necessary for your treatment.

MOBILE PHONES & SMOKING

The use of mobile phones is not permitted in the Spa. Smoking is prohibited.

LATENESS & CANCELLATION POLICY

Please be aware that your late arrival will result in a reduction of your treatment time as a courtesy to our next guest.

We kindly request a minimum of 4 hours cancellation notice for a treatment otherwise we will regrettably have to charge a 50 % of your treatments.

MINIMUM AGE

The minimum age for spa treatments, use of the heat experience and fitness area is 16 years old and above.

All children below 16 years need to be supervised by an adult.

GIFT CERTIFICATES

Our gift certificates make a wonderful present for any special occasion.

Please contact the spa reception for details.

HOURS OF OPERATION

Pure Senses Spa 10:30 – 19:00

Fitness Centre 24 hours

DISINFECTION

All rooms and cabins are disinfected and ventilated before each treatment.

