



THE ROYAL SENSES  
RESORT & SPA CRETE

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CURIO COLLECTION  
by Hilton™



PURE SENSES  
SPA



# A BESPOKE JOURNEY OF ELEVATED WELLBEING

Step into **Pure Senses Spa**, a refined sanctuary where mind, body, and soul are invited to surrender to a world of elevated relaxation and sensorial harmony. Every experience is thoughtfully curated to reflect the essence of luxury, authenticity, and holistic wellbeing.

Inspired by the wisdom of ancient Greek and Minoan civilizations, our treatments draw from the island's rich natural heritage. Indigenous herbs, precious botanicals, and locally sourced ingredients form the foundation of our signature rituals, created to restore balance and awaken the senses. Dittany, labdanum, extra virgin olive oil, carob, aloe vera, raki, honey, Greek yogurt, and the rare Cretan crocus become powerful allies in your journey toward beauty, vitality, and inner calm.

Our philosophy is brought to life through an exclusive collaboration with the award-winning Greek spa brands **Ariadne Athens** and **BioAroma Crete** - renowned for their commitment to purity, innovation, and excellence.

These distinguished brands craft bespoke therapies inspired by each destination's natural elements, seamlessly blending advanced cosmetology with rare Greek and Mediterranean bio-actives. The result is a refined spa experience that transcends skincare, offering a deeply sensorial and results-driven journey.

## TREATMENT FOCUS & PRESSURE GUIDE

To help you select the experience best suited to your needs, the following indicators describe the primary focus and massage pressure of each treatment:

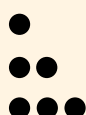
*(All treatments are fully personalized by our therapists according to your preferences.)*

## TREATMENT

Glow	Radiance & luminosity
Hydration	Deep moisture & nourishment
Detox	Purification & lymphatic support
Anti-ageing	Firming & skin renewal
Sleep	Deep relaxation & improved rest
Relaxation	Stress relief & restoration
Heat	Warming & muscle release

## FOCUS

## MASSAGE



## PRESSURE

- Gentle Pressure
- Moderate Pressure
- Deep Pressure

# ROYAL SENSES COUPLES RITUALS

*Signature experiences designed for shared moments of indulgence, connection, and elevated relaxation.*

## EROS & PSYCHE – LOVE AFFAIR BY ARIADNE

75 min 125€ per person

Glow | Relaxation | Sleep | ● *Gentle Pressure*

### Flagship Couple Ritual

Inspired by the timeless union of Eros and Psyche, this intimate ritual is designed to celebrate deep connection and shared indulgence. This luxurious experience begins with a fine sugar crystal exfoliation infused with seductive chocolate and mocha notes, awakening the senses and renewing the skin. It is followed by a signature body mask enriched with liquid chocolate extracts, cocooning the body in warmth and devotion. A candle aromatherapy massage follows, as warm melted wax transforms into a silken oil that caresses the skin, enveloping the body in profound relaxation and sensual serenity.

### Key Elements:

Welcome Touch, Body Scrub, Candle Aromatherapy Massage, Final BodyButter

## WINE HARVEST RITUAL BY ARIADNE

90 min 145€ per person

Detox | Hydration | Relaxation | ● *Gentle Pressure*

**Vineyard Essence Ritual.** Inspired by Greece's sun-kissed vineyards, this sophisticated ritual harmonizes body and mind while revitalizing the skin. A luxurious exfoliation with olive kernels, red grape, and rose petals prepares the skin, followed by a nutrient-rich antioxidant body mask. Notes of bergamot blend with soothing yogurt and honey, while a warm candle aromatherapy massage completes the journey. The experience concludes with a refreshing glass of wine - an elegant celebration of the senses.

### Key Elements:

Welcome Touch, Body Scrub, Body Mask, Candle Aromatherapy Massage, Glass of Wine

# FACIAL BEAUTY TREATMENTS

*Advanced facial therapies combining results-driven skincare with sensorial indulgence.*

*Our therapists will tailor each treatment to your skin's unique needs following a personalized consultation.*

## ZOE – ANTI-OXIDANT PROTECTION & ULTIMATE PREVENTION BY ARIADNE

60 min 110€

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Glow | Anti-ageing | Hydration | ● *Gentle Pressure*

A sophisticated antioxidant facial infused with vibrant kumquat and fresh fruit extracts. This treatment defends the skin against premature ageing caused by sun exposure and environmental stress, restoring luminosity, vitality, and a healthy glow.

## ANAPLISIS – MIRACLE SKIN RENEWAL BY ARIADNE

60 min 105€

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Glow | Anti-ageing | Hydration | ● *Gentle Pressure*

A high-performance, all-in-one facial designed to visibly improve skin texture, elasticity, and hydration. Featuring the innovative *Skin Rebirth Miracle Gel* enriched with alkanna tinctoria root, this treatment regenerates, soothes, and revitalizes the complexion.

## HEBE'S RADIANCE – RADIANT FACE BY ARIADNE

30 min 70€

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Glow | Hydration | ● *Gentle Pressure*

Inspired by Hebe, the Goddess of Youth and eternal freshness, this refined express facial is designed to restore the skin's natural vitality and luminous glow. An enzymatic exfoliation gently renews the complexion, unveiling fresh, revitalized skin, while precious wild rose oil deeply nourishes and restores through a relaxing facial massage. The result is a radiant, silky-smooth complexion that reflects timeless beauty and youthful brilliance.

## THEANGELIS – MIRACLE DIVINE TOUCH BY BIOAROMA

80 min 125€

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Glow | Anti-ageing | Hydration | ● *Gentle Pressure*

An exclusive facial ritual inspired by ancient Minoan beauty traditions. Centered around organic dittany, this powerful antioxidant treatment enhances collagen production, improves elasticity, and addresses dehydration, fine lines, and uneven skin tone.

# BODY BEAUTY TREATMENTS

*Restorative body rituals inspired by ancient traditions and modern wellness practices, designed to nourish the skin and restore inner balance.*



## DELOS PEARLS BODY EXPERIENCE BY ARIADNE

90 min 145€

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Glow | Relaxation | Hydration | Detox | ●● *Moderate Pressure*

Inspired by the sacred island of Délos, this ritual celebrates light, femininity, and inner radiance. An ancient dry-brushing technique using a natural horsehair brush refines the skin and stimulates circulation. A deeply restorative anti-stress massage follows, performed with Délos Oil infused with the ritual's signature fragrance, melting away tension and leaving the skin luminous. The experience is completed with a soothing scalp massage and hair brushing using a natural resin comb - an intimate, grounding moment that restores balance and glow.

## NECTAR OF THE GODS BY BIO AROMA

50 min 95€

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Glow | Relaxation | Hydration | ● *Gentle Pressure*

A deeply indulgent body treatment inspired by ancient Greek mythology. Designed to intensely hydrate and nourish the skin, leaving it velvety-soft, replenished, and beautifully refreshed.

## GARDEN OF HERA – WHITE ROSE PETALS SCRUB

30 min 70€

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Glow | Hydration | Detox | ●● *Moderate Pressure*

Inspired by Hera's grace, a symbol of femininity, elegance, and sacred florals, this delicate exfoliation combines fine crystals with soft rose aromas to gently renew the skin. The ritual continues with a nourishing body butter infused with jasmine and gardenia, enveloping the body in refined floral notes, leaving the skin smooth, supple, and elegantly scented.

## ELYSIAN ESCAPE – SECRET PARADISE SCRUB

30 min 70€

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Glow | Hydration | Detox | ●● *Moderate Pressure*

Inspired by the Elysian Fields - the ancient Greek vision of paradise, bliss, and divine reward - this tropical-inspired exfoliation indulges the senses with fresh coconut pulp blended with nourishing oils and vitamins. The ritual is completed with a sweet coconut butter that melts into the skin, offering long-lasting hydration, comfort, and a lingering sense of serene escape.

## GREEK ISLANDS BODY WRAP

30 min 70€

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Hydration | Detox | Heat | ● *Gentle Pressure*

Inspired by the gifts of Greek nature, honey and red grapes, this refined body ritual deeply hydrates the skin while supporting regeneration and firmness. A red grape body gel completes the experience, sealing in moisture and delivering antioxidant protection for a smooth, radiant finish.

# THE ROYAL COLLECTION SIGNATURE MESSAGES

An exclusive collection of massages crafted to restore balance, release tension, and elevate overall wellbeing. Pressure and focus are always adapted to your personal preference.

## CRETAN MASSAGE WITH RAKI, ORANGE & CINNAMON

60 min 105€ | 90 min 135€

Detox | Relaxation | ●● Moderate Pressure

Revitalize body and soul with a full-body massage using **Cretan olive oil, raki, orange, and cinnamon extracts**. Flowing, warm movements cleanse tension, balance energy, and restore natural vitality, leaving lasting serenity.

## DETOX MASSAGE

60 min 110€ | 90 min 145€

Detox | Heat | ●●● Deep Pressure

A refined detoxifying massage focusing on lymphatic drainage techniques to stimulate circulation and eliminate toxins. Performed with a luxurious blend of olive, sesame, and almond oils infused with select Greek essential oils.

## RELAXING MASSAGE

30 min 70€ | 60 min 110€ | 90 min 140€

Relaxation | Sleep | ●● Moderate Pressure

A deeply calming full-body massage complemented by a soothing head massage, designed to dissolve tension, quiet the mind, and enhance sleep quality.

## BALANCING MASSAGE

30 min 75€

60 min 115€

90 min 150€

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Relaxation | Detox | ●●● *Deep Pressure*

A rhythmic and restorative massage ritual ideal for physical and emotional fatigue, promoting equilibrium, renewal, and inner harmony.

## CANDLE AROMATHERAPY MYSTIFYING MASSAGE

30 min 70€

60 min 110€

90 min 145€

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Heat | Relaxation | Sleep | ● *Gentle Pressure*

A luxurious sensorial massage using warm candle wax transformed into nourishing oil. This indulgent ritual promotes deep relaxation, emotional balance, and a profound sense of wellbeing.

## MOTHER-TO-BE MASSAGE

50 min 110€

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Relaxation | Sleep | ● *Gentle Pressure*

A gentle, nurturing massage tailored to the needs of expectant mothers, easing back tension, relieving heavy legs, and promoting comfort and serenity.

## THE DESK WORKER'S RECOVERY

30 min 70€

45 min 90€

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Detox | Relaxation | ●● *Moderate Pressure*

A targeted therapeutic massage focusing on the back, neck, and shoulders, ideal for guests experiencing tension from prolonged sitting or travel.

## EXPRESS DE-STRESSER

25 min 50€

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Relaxation | ●● *Moderate Pressure*

A focused head massage designed to quickly release mental fatigue and restore clarity and balance.

## DEEP STEP RELIEF

30 min 70€

40 min 80€

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Detox | Relaxation | ●● *Moderate Pressure*

An intensive foot and lower leg massage that promotes grounding, improves circulation, and enhances overall wellbeing from the ground up.

# HEAT & WATER EXPERIENCE AREA

*A restorative prelude or complement to your spa journey, designed to cleanse, relax, and prepare the body for deeper therapeutic benefits.*

## SANUS PER AQUAM – HEALTH THROUGH WATER

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60 min 45€

*(Sauna, Steam Room & Thalassotherapy Pool)*

Immerse yourself in the therapeutic power of water through our refined heat and hydro experiences. Thalassotherapy combined with sauna and steam rituals supports detoxification, relaxation, immune enhancement, and renewed vitality.



# AETHERION GREEK HAMMAM RITUALS

Rooted in the timeless Greek bathing tradition, *Aitherion Hammam* transforms purification into a sensory ceremony. Warm, rising steam, and flowing water guide the body and mind into stillness, while authentic Greek elements - **Cretan olive-oil soaps, mineral-rich clays from Milos Island, loofahs and sponges from Kalymnos Island, and herb botanical oils from around Greece** - restore balance and vitality.

Each ritual is a journey through the elements, a quiet passage from tension to calm, from heaviness to lightness, where the body softens and the senses awaken.

## SOLEA – SUN

60 min 55€

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*Self-Care*

Heat | Detox | Glow | Relaxation

Steam rises gently, wrapping the body in warmth. Fragrant olive-oil soap infused with herbs caresses the skin, preparing it for cleansing and nourishment. Natural loofahs awaken circulation as water flows, carrying away tension and fatigue. A private moment of sunlight and serenity - softening the body, calming the mind, and restoring inner balance.

## AERIA – AIR

45 min 105€

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*With therapist*

Heat | Detox | Glow | Relaxation | ●● Moderate Pressure

A ritual of clarity and lightness. Steam opens the pores, while layers of natural clay are applied to face and body, drawing out toxins and restoring minerals. A nourishing hair mask enhances softness and vitality, and botanical oil infused with herbs seals hydration and the benefits of the treatment. A journey of purification that leaves skin luminous, body balanced, and the senses uplifted.

## THALIONE – SEA

75 min 135€

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*With therapist*

Heat | Detox | Glow | Relaxation | ●● Moderate Pressure

Flowing warm water prepares the body, inviting renewal and calm. Loofah and sponges refine and stimulate the skin, followed by mineral-rich masks for face, body, and hair that restore hydration, softness, and radiance.

The ritual concludes with a warm body bath using olive-oil soaps infused with herbs, enveloping the body in nourishment and sealing the benefits of the experience. A flowing ritual of heat, water, and touch - leaving the body softened, the senses awakened, and the spirit renewed.



# KIDS SPA & BONDING EXPERIENCES

(Ages 6–12)

## LITTLE PRINCESS MASSAGE

*Parent presence required*

30 min 45€

Relaxation | ● *Gentle Pressure*

A gentle and playful full-body massage with a touch of sparkle, designed to delight and relax.

## LITTLE HERO MASSAGE

*Parent presence required*

30 min 45€

Relaxation | ● *Gentle Pressure*

A soothing full-body massage created especially for young guests, offering relaxation and comfort.

## LITTLE PRINCESS / LITTLE HERO FACIAL

*Parent presence required*

30 min 50€

Glow | Hydration

A delightful facial experience using organic products and gentle techniques, perfect for young skin.

## MOTHER OR DADDY & ME

*1 parent & 1 child*

50 min 150€

Relaxation | ● *Gentle Pressure*

A meaningful bonding ritual for parent and child, featuring a full-body aromatherapy massage shared together.



# NAIL STUDIO

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SIMPLE MANICURE	45€	PERMANENT POLISH REMOVAL	20€
SIMPLE PEDICURE	55€	MINI MANICURE (CHILDREN)	30€
PERMANENT MANICURE	60€	MINI PEDICURE (CHILDREN)	35€
PERMANENT PEDICURE	80€		

# WAXING

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FULL LEG	55€	BIKINI LINE	30€
HALF LEG	40€	BRAZILIAN BIKINI	40€
FULL ARM	30€	UPPER LIP & CHIN	20€
HALF ARM	20€	FULL BACK (MEN)	55€
UNDERARM	20€	EYEBROW SHAPING	20€

# HAIR SALON

*Hair Salon is available at The Royal Blue*

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WOMAN'S HAIRCUT	40€	COLORING LONG HAIR	60€
MEN'S HAIRCUT	30€	COLORING ROOT	40€
COIFFURE FOR SHORT HAIR	40€	REFLET SHORT HAIR	30€
COIFFURE FOR MEDIUM HAIR	45€	REFLET MEDIUM HAIR	35€
COIFFURE FOR LONG HAIR	50€	REFLET LONG HAIR	40€
SPECIAL COIFFURE	70€	STREAKS SHORT HAIR	65€
BRIDE'S COIFFURE	250€	STREAKS MEDIUM HAIR	80€
COLORING SHORT HAIR	45€	STREAKS LONG HAIR	100€
COLORING MEDIUM HAIR	50€	SHINE & HYDRATION THERAPY	35€

# SPA ETIQUETTE & INFORMATION

We care for your safety.

The safety of our guests is of utmost importance. Pure Senses Spa welcomes you with fully trained professionals and all necessary health and hygiene protocols in place.

To ensure a safe, comfortable, and relaxing spa experience, we kindly ask you to follow our spa rules and hygiene measures. Please respect the privacy and tranquility of other guests. The use of mobile phones and cameras is not permitted within the spa areas. Kindly refrain from bringing valuables, as the hotel cannot be held responsible for loss or damage of personal belongings.

## HEALTH CONCERNS

Please inform the spa team of any medical conditions, allergies, injuries, or pregnancy that may affect your treatment or use of the spa facilities.

## SPA EXPERIENCE

We recommend arriving at least **20 minutes prior** to your scheduled treatment to allow time for check-in, showering, and relaxation. For your convenience, lockers are available in the changing rooms. Towels, bathrobes, and slippers are provided for all spa treatments.

## RESERVATIONS

Advance booking is highly recommended to secure your preferred treatment time. Reservations can be made through the hotel application or by contacting the Spa Reception at extension **5060**.

## LATENESS & CANCELLATION POLICY

Late arrival will result in a reduced treatment time to respect the next guest's appointment. A minimum of **4 hours' notice** is required for cancellations; otherwise, **50% of the treatment price** will be charged.



### MOBILE PHONES & SMOKING

The use of mobile phones is strictly prohibited within the spa. Smoking is not permitted in any spa or wellness areas.

### GIFT CERTIFICATES

Spa gift certificates are available and make an ideal present for any occasion. Please contact the Spa Reception for further information.

### MINIMUM AGE

The minimum age for spa treatments, use of the heat experience, and fitness facilities is **16 years and above**. Children under 16 must be accompanied and supervised by an adult.

### DISINFECTION

All treatment rooms and cabins are thoroughly disinfected and ventilated before each guest, ensuring the highest standards of cleanliness and safety.

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### HOURS OF OPERATION

**Pure Senses Spa:** 10:30-19:00  
**Fitness Centre:** 24/7



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